

# Innocence Offending Self-Assessment

How much do you agree or disagree with each of these widely held beliefs?

1. Do you believe that people generally get what they deserve?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
2. Do you believe that all or at least most prisoners claim they're innocent?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
3. Do you believe that high conviction rates contribute to a reduction in crime?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
4. Do you believe that the U.S. has the best judicial system in the world?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
5. Do you believe that wrongful convictions of the innocent rarely occur?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
6. Do you believe that a criminal defendant is more likely to lie than a police officer?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
7. Do you believe that if someone gets arrested, they must have done something wrong?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
8. Do you believe that no one would confess to a crime unless they're guilty in some way?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
9. Do you believe that forensics evidence provides conclusive proof of culpability?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
10. Do you believe that the appeals process will correct any miscarriages of justice?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
11. Do you believe that eyewitness identification of a perpetrator is consistently reliable?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree
12. Do you believe that the judge is the most powerful person in the criminal justice system?  
☐ I strongly agree    ☐ I somewhat agree    ☐ I neither agree nor disagree    ☐ I somewhat disagree    ☐ I strongly disagree

## Scoring

The more you believe such falsehoods, and dismiss viable claims of innocence, the more likely you are an “[innocence offender](#)”. You become something of a “[useful idiot](#)” to those who benefit from such general ignorance of the judicial system’s many imperfections.

Score your responses by putting the corresponding value in each box. Then add them up.

5. I strongly agree

4. I somewhat agree

3. I neither agree nor disagree

2. I somewhat disagree

1. I strongly disagree

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

Total: \_\_\_\_\_

## Results

- 13 to 25 You're likely not *innocence offending*. And unlikely exploited.
- 25 to 37 You're likely not yet *innocence offending*. But vulnerable to exploitation.
- 37 to 49 You are at risk of *innocence offending*. And can be exploited.
- 49 to 61 You're most likely *innocence offending*. And more easily exploited.

Click this button to go online for further clarification.

[Question your beliefs about 'justice'](#)

Let AI tools help you test these widely accepted beliefs.

## Process your results

Unnerved by the results? Get back to wellbeing by applying these rectifying principles.

- |                               |                                |                                  |                                     |
|-------------------------------|--------------------------------|----------------------------------|-------------------------------------|
| 1. <a href="#">gratitude</a>  | 6. <a href="#">grace</a>       | 11. <a href="#">endurance</a>    | 16. <a href="#">patience</a>        |
| 2. <a href="#">humility</a>   | 7. <a href="#">forgiveness</a> | 12. <a href="#">perseverance</a> | 17. <a href="#">trustworthiness</a> |
| 3. <a href="#">honesty</a>    | 8. <a href="#">atonement</a>   | 13. <a href="#">discipline</a>   | 18. <a href="#">generosity</a>      |
| 4. <a href="#">kindness</a>   | 9. <a href="#">mercy</a>       | 14. <a href="#">equanimity</a>   | 19. <a href="#">empathy</a>         |
| 5. <a href="#">gentleness</a> | 10. <a href="#">justice</a>    | 15. <a href="#">resilience</a>   | 20. <a href="#">love</a>            |

For example, receive **grace** for not having any personal experiences with the criminal judicial system. Anticipate **gratitude** if not scoring highly as an *innocence offender*. Let’s all grow together.

Learn more at [AnankelogyFoundation.org](https://AnankelogyFoundation.org).